

Hair & Makeup Instructions

HAIR: WE ARE DOING A “UNIFORM” HAIRSTYLE! EVERYONE’S HAIR WILL BE EXACTLY THE SAME WITH VERY FEW EXCEPTIONS! THE HAIRSTYLE FOR THE RECITAL IS A LEFT-PART SLICKED BACK LOW BUN! It is easiest to manage hair that is damp and has gel worked through it before trying to secure back into a bun. Never try to put dry hair up in a bun – especially with children with fine hair. Whether trying to secure bangs back or putting up to a ponytail or braids, always work with dampened hair that has a sticky gel worked through before combing back.

1) **Bangs off the face:** ALL STUDENTS MUST HAVE BANGS OFF THE FACE, regardless of the hairstyle. This is very important onstage and will require that you use the damp hair/ wet gel method described above for short or long hair to get the bangs back. Bobby pins may be necessary; however, if the hair is wet and gel applied, it will help to keep it sufficiently off the forehead. The balance of hair that is down does not need the same application and may hang loosely.

2) **Hair in a left-part low bun:** On very damp hair thoroughly apply a thick gel to slick the hair and make it workable. After applying gel and with hair still damp, part the hair on the left side and brush back and secure with hair elastic into a ponytail at the back of the head. We are asking everyone for a low bun down and at the nape of the neck. Then, depending upon the length of the hair, twist hair in a circle around the elastic and secure all loose ends with bobby pins until there are no loose or unsecured areas of the bun. You may use a hair net or a sock bun to help secure your bun and it’s shape. You may also need more bobby pins to help secure the bun so that it does not loosen up with movement and for areas above ears or at the nape of the neck. **THE SECRET:** Work on very damp hair that is wet with gel. Then, let the hair dry after it has been put into the bun. Hairspray may be necessary even if enough gel has been applied.



Any questions regarding the method or style of hair required for your piece, please ask your instructor.
The main points to remember:

- a) Hair off of face - a must
- b) No loose strands of hair around face or in front of ears
- c) Work with damp hair, gel, hairspray
- d) Have Fun!!!

MAKEUP: Makeup may be applied at your discretion for children under age 7, however, under the bright lights, facial features wash out and makeup helps the audience to see the dancer's faces more clearly. Good stage makeup will look very exaggerated, dramatic and bold. We suggest:

1) **BASE:** (foundation) is not necessary for most very young children, however, if you use it yourself and are comfortable applying a light cover, you may. Just be careful when putting a costume on, as it is easy to soil it with foundation, etc. Use foundation only if you are comfortable with it.

FOR ALL TEENS/ADULTS: Please apply a light toned foundation as a base for your makeup. Use hypo-allergenic if necessary. Base is necessary for mature students to even out the skin tone on the face. Apply only on full face down to but not including the neck area. Let dry thoroughly before proceeding:

2) **EYE SHADOW:** Use light natural/neutral/gold/brown colored eye shadow only. Colors are not necessary, however, shimmery light natural/neutral colors in any shade will do: For example, nude to white, very light tan/gold/brown. Go easy with browns, however, for teens and adults if you know how to apply a brown accent line you may at the crease of eye, however be careful for dark shades on lids or up to area under brow are inappropriate. A light highlight shadow from eyelid to eyebrow is desirable as a base.

3) **EYELINER:** Liquid eyeliner is preferred. We like the edge of the eyeliner to wing out. Please use a dark brown/black pencil liner along lower lid of eye just below where the lashes grow on lower lid, just above lashes on upper lid. If the child is too young to handle this application, you may omit it. For all children age 6-older, please be certain to have eyes lined and winged.

4) **EYEBROW PENCIL:** Please use a medium brown pencil for eyebrows only if the hair color is very light and looking directly at the face of the dancer the eyebrow is not clearly defined. If eyebrows are dark enough naturally, no pencil is necessary.

5) **MASCARA:** Please apply thick layer of heavy black mascara to upper and lower lids, however, this may not be tolerated by very young students and you may get by with just liner. For all children age 6-older false eyelashes are optional for maximum effect on stage. Simply buy thick black lashes with adhesive, trim to fit and follow instructions. It is best to practice before the day of the show.

6) **BLUSH:** Apply rose or coral blush to hollow of cheek only - NOT over the cheekbone itself: Have dancer suck in cheeks and apply blush to area of the cheek that concaves. Enough blush should be applied to bring color to shadowed soft part of the cheek leaving the area over the cheekbone light and not colored at all.

7) **LIPSTICK:** Bright red lipstick is the only real color that is appropriate on stage. If the costume color is bright pink - a very deep hot pink lipstick would be a better choice. For all other costume colors, a bright red lipstick is best.

